

Pathwork in Texas

How understanding RWE types can help you

Signpost to your divine essence

Uncover personal misconceptions

Identify main childhood pain and unmet needs

Identify primary sources of happiness and unhappiness

Key to predominant Forcing Current(s) used

“Worst fear” is what you need to die into

Expresses the elements that need to come into balance

Signpost to your Divine Task for this Incarnation

This is all the Lord asks of you,

This and only this:

To act justly, *[reason]*

To love tenderly, *[emotion]* and

To walk humbly with your God. *[will]*

Micah 6:8

DIVINE ESSENCES OF RWE TYPES

Pathwork Guide Lectures #043, 165

WILL

Divine attribute: Courage / Power

Core childhood pain / worst fear: Helplessness.

Qualities: Direct Knowing Courage Leadership

Undefended Will Type can accomplish anything.

Good leaders: they just get it done.

Balanced between Reason and Emotion, they freely use
Wisdom and Love.

REASON

Divine attributes: Wisdom / Serenity

Core childhood pain / worst fear: Pain, Rejection.

Qualities: Good lawyers and therapists.

Undefended reason types actually experience a deep level
of feeling, because they can see so clearly.

EMOTION

Divine attribute: Love

Core childhood pain / worst fear: Rage, frustration

Qualities: Unity / Oneness / Connection

Undefended love type is almost in unity.

This is not emotional love, and not about the heart; it is
about the essence of being one with all.

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FORCING CURRENT

F.C. is a defense using the WILL level of the human personality structure.

1. Forcing Current was created to deal with 100/100 misconception -

Happiness OR Unhappiness

2. Forcing Current is the WILL's distortion of all three divine essences –

<u>Type</u>	<u>Divine E.</u>	<u>Forcing Current</u>
Reason	Serenity	Withdrawal
Will	Power	Aggression
Emotion	Love	Submission

3. The WILL manipulates feelings as part of the Forcing Current:

Reason	Constriction
Will	Constriction AND Exaggeration
Emotion	Exaggeration

4. Your FAULTS come from your Forcing Current.

5. Forcing Current SERARATES you from your REAL SELF (*Separation = the WILL aspect of evil, pgl 248*)

Result = Lack of Confidence

How Understanding RWE Helps You

It is a CLUE to

- Your own personal misconceptions.
Each person incarnates to resolve his/her own “personal brand of duality”.
- The whole structure of your personality.
- Your personal transformation process.
- Your divine essences.
- Main childhood pain and unmet need.
- Main source of happiness and unhappiness.
- Predominant forcing current and idealized self image.
- What you need to die into.
- Your divine task.

Your task is what you need to become enlightened about, partly through balancing the particular aspect(s) of RWE that you have manifested in this lifetime.

When you are connected to what your essence is, and you know what your personality type is, you can determine what your divine task of enlightenment is about.

Types, Functions, and Use of Will

Outer Will

Individualized Self Sphere (ISS)

Voluntary Will Action

Active and Passive

Forcing Currents

Negative Outer Will (100/100)

Positive Outer Will (50/50)

Inner Will

Universal Self Sphere (USS)

Involuntary Will Action

Active (towards or aware from God)

Negative Inner Will or Neg Intentionality = Lower Self

Positive Inner Will or Pos Intentionality – Higher Self

Conscious Ego chooses to identify with either Pos or Neg

Self Will

On ISS level – A Fault

On USS level – An Intention: Positive **or** Resistive Attitude

Free Will

Exists on all of the 3 Spheres – ISS, USS, God Sphere

Available at any time – if we choose to use it.

God's Will

Emanates from God Sphere (GS), available everywhere

Use of meditation and prayer helps us

in surrendering to God's Will

Forcing Current And Manipulation of Feelings as a Defense

Quotes from Pathwork Guide Lecture #077: Self-Confidence, It's True Origin and What Prohibits It.

“These attitudes [*submission, aggression, withdrawal*] are manifestations of the forcing current.”

“Still another way is to cripple your real feelings. In one respect, this also happens with the three attitudes. But what I mean here is something more... .. you don't allow your feelings to function freely or naturally.”

“Either you whip them artificially into a more dramatic state than they would naturally be in. You exaggerate them over-dramatize them...Or else...you artificially cramp, prohibit, and squash your natural feelings.”
[constriction]

“The negative result of this is that you prohibit growth of something that is alive, a living organism, for feelings are that.”

“Any living organism not left alone, but constantly manipulated, pulled, extended, or squashed in its growth, will suffer a very crippling effect. This is what you do with your real feelings.” *[with outer will / forcing current]*

“You do so when you exaggerate and dramatize a positive feeling about a person. And you do so when you artificially talk yourself into resentment and contempt for a person because you believe that this is protection against the seeming tragedy of being rejected.”

“So finally, it is not surprising if you no longer know what you really feel and want; and who you really are. Your feelings are the expression of your being. Now, if you constantly prohibit your real feelings from functioning, and substitute them with artificial ones, you cannot know your real self.”

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Image Connections

*Instincts that underlie the needs of
Self-Preservation and Procreation (pgl 084 and 085)*

Personality	Reason	Will	Emotion
The †‘Banana’	Love	Control	Pleasure
Idealized Self-Image ISI	Glory Approval	Triumph Fame / Success	Vanity Spiritual Pride (invisible)
Mask	Serenity	Power	Love
Soul Split Life/Death	Love vs. No Love	Control vs. No Control	Pleasure (as Beauty) vs. No Pleasure
Main Image In order to be loved...	I must get approval	I must be seen and heard or famous and successful	I have to be good, do it all, please others
Repressed Need	Emotional warmth and affection	Be seen and understood on an emotional level	Contact Connection
World View	World and people are Just Fine.	World and people are Really Bad	World and people are Really Good

† The ‘banana’ is what we are desperate to have, and once we think we have it, we won’t let go of it -- no matter what the cost.

Reason Will Emotion Personality Elements

Personality Type	Reason	Will	Emotion
Task: To Cultivate	Feelings	Reason & Feelings	Reason
Angel	Wisdom	Courage	Love
Essence	Serenity	Power	Love / Compassion
Pseudo Solution	Aloofness	Aggression	Submission
Idealized Self Image	Serenity	Power	Love
Feeling Defense	Constriction of Feeling, effect of Not feeling	Both Constriction and Exaggeration to gain control	Exaggeration and dramatization of feelings
Pain	Not Loved: rejected	Not being seen / heard	Frustration no pleasure this life
Need	Love, approval for real self	Being seen / heard for real self	To express and assert real needs for pleasure
Personification of Evil	Materialism / proof non-organic	Separation	Half truths and confusion
Lower Self Defense	Pride	Self-Will	Fear
Energy (Pos / Neg)	Restrictive to achieve order	Expansive to conquer / control	Static to hold any pleasure now
Aspect of Trinity	Jesus Christ / Son	God / Father	Holy Spirit

RWE: Illusory Way of Life

Misconceptions and Dualities (100/100)

<i>Reason:</i>	<i>Will:</i>	<i>Emotion:</i>
Order	Power	Pleasure
VS	VS	VS
Chaos	Helplessness	Reality
Emotional Love	Be Seen	Protective Love
VS	VS	VS
Rejection	Be Defeated	Frustration

Origins in this Lifetime / Childhood Experience

<i>Reason:</i>	<i>Will:</i>	<i>Emotion:</i>
Parent	Parent	Parent
REJECTS	DEFEATS	FRUSTRATES
Child	Child	Child

RES Energies Out of Balance

<i>Reason:</i>	<i>Will:</i>	<i>Emotion:</i>
<i>Restrictive:</i>	<i>Expanding:</i>	<i>Static:</i>
Going 'out' = Tremendous 'unpleasure' Serenity missing	Going 'in' or being stuck in stasis feels like defeat	'In' or 'out' feels like separation / no connection = No Pleasure

Task of the Mature Soul

Die into feelings	Die into defeat	Die into Rage
Feel pain of rejection	Feel helplessness	Feel unpleasure

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